

## MAKE YOUR OWN HUB-OM FLYERS:

Page 1 provides an example of time/date/location/contact information.

Page 2 provides a place to write in your contact information by hand.

Print out a copy. Write in your information. Make copies.

Page 3 provides an empty box where you can insert a text box for "time/date/location".

Type in your own workshop details.



# Munch & Learn



We cannot solve our problems  
with the same thinking we used when we created them.  
—Albert Einstein

**Every Tuesday Night**  
**7 to 9 pm**  
**Mi Ranchito Banquet Room**  
3600 S State St, Salt Lake  
Call Allan for more information: 801-654-5107

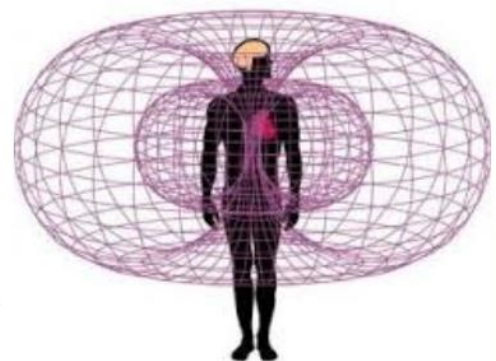
# Well-Being Workshops

Seven Levels of Well-Being



A New Social Structure

Register at  
**Hub-Om.com**  
Ubuntu Leadership Training Hub



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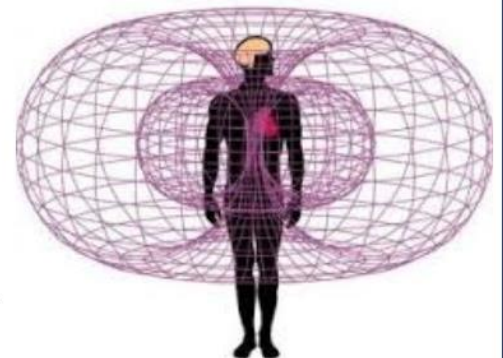


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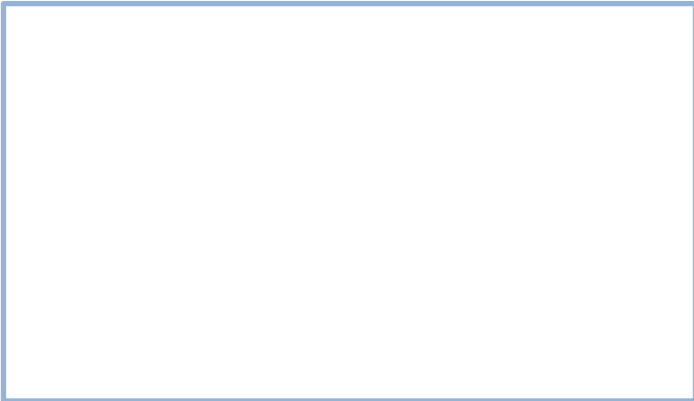




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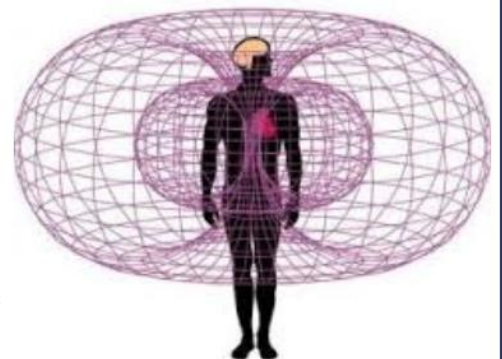
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